

## DINNER

Break your Lenten fasts and celebrate the spheres with Crêpes Suzette.

*Recipe:* [bit.ly/3Jwtpwg](https://bit.ly/3Jwtpwg)

## SOUNDTRACK



*Playlist:* [spoti.fi/3sZXizb](https://spoti.fi/3sZXizb)

## DISCUSSION

1. How many dimensions do you feel your life has at present? What are they?
2. Which sphere seems most abnegated today? What does our common life lose as a result? What would it take to reactivate it?
3. What examples of healthy cross-pollination have you observed in our public life today? Where have norms been blurred or switched in unhealthy ways?
4. What has had more of a formative influence on your loves and commitments: spheres or “scenes”?
5. What sources do you go to for greater integration between head, heart, and helping hand? What additional sources could you try?
6. Where do the communities in your life overlap? Where do you wish they would—or wouldn't?



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